Mt. Tamalpais State Park - Hike Schedule
1st Quarter 2017
Sponsored by Friends of Mt. Tam (friendsofmttam.org)

(Hike routes are over uneven terrain and may not be accessible for everyone.)

SATURDAY HIKES are moderately paced, about 5 to 7 miles, may have up to 1500' elevation gain. Bring hiking boots, water and a light lunch.

If you haven't been hiking or walking much lately, we recommend starting with an Easy Sunday hike.

Hikes start 9:30 AM sharp, from the following trailhead locations. (Usually returning between 1:15 PM to 2:30 PM that day.)

SUNDAY HIKES start 9:30 AM sharp, from the following trailhead locations. Bring hiking boots, plenty of water and a light lunch.

We recommend starting out with an Easy hike, or a Saturday Hike, before going on a Moderate Sunday hike. (See E/M column.)

E/M Jan-1 ***Rock Spring E/M Jan-1 ***Rock Spring
E/M Jan-3 Rock Spring M+ Feb-19 Rock Spring
M Jan-8 Rock Spring Jordan Hermann Preserving Madrones E Feb-26 Rock Spring Pat Emsberger West Peak History
M Jan-15 Laurel Dell Mara Vivat Mt. Tam Photography M Mar-5 Bootjack Robert Feist Mt. Tam's Ecology
E Jan-22 Rock Spring Pat Emsberger Mushrooms M Mar-12 Hwy#1/MuirWds Rd. Karen Ulring Mt. Tam History
M Jan-29 Rock Spring Robert Freinkel Mt. Tam Ecology M Mar-19 Stinson Beach Brendan Hickey A Conservation Project
M Feb-5 Rock Spring Ernie Castiaux A Conservation Proj. M Mar-26 Rock Spring Robert Freinkel Mt. Tam Rare Wildflowers
M Feb-12 Dias Ridge Franklin Young Dairy Farming in Marin

**FMT Annual Meeting, at 730 Panoramic Hwy. (Calif. Alpine Club Lodge). After the meeting there will be a hike.**

Marie Melka will lead the hike. Hike start time 12:30pm, Mtn. Home Inn Lot.

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E Easy Sunday Hikes - 3.5 to 5 miles, slower paced hike. With less than a 1000' elevation gain. For those who want a more casual hike.

M Moderate Sunday Hikes - 7 to 9-1/2 mile, quicker paced hike. Over hilly, rocky terrain. With up to a 2,200' elevation gain.

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We’re a volunteer organization whose purpose is to help you explore and enjoy Mt. Tamalpais State Park by:

- Organizing hikes
- Sponsoring astronomy programs
- Staffing our Visitor Center
- Telling the story of the historic railroad at the Gravity Car Barn

Join Friends of Mt Tam today!
Sign up and pay at friendsofmttam.org or mail this form with your check to:

Friends of Mt Tam
PO Box 7064
Corte Madera CA 94976

Membership questions: friendsofmttam.org

Membership application

Benefits

- 20% off our merchandise
- Holiday party, picnic, annual meeting
- *The Mountain Log* quarterly newsletter
- Free Mt Tam parking when you volunteer 40+ hours in a year

☐ $25 Bootjack Buddy
☐ $50 Pantoll Pal
☐ $100 Dipsea Dude or Diva
☐ $500 Steep Ravine Soul Mate
☐ $1,000 Peak Patron

I’d like to volunteer for:

☐ Visitor Center  ☐ Board of directors
☐ Gravity Car Barn  ☐ Special events
☐ Hike leader  ☐ Trail maintenance
☐ Astronomy programs  ☐ Publicity

Name ______________________________________
Address ______________________________________
City/zip ______________________________________
Day phone ______________________________________
Eve. phone ______________________________________
Email ______________________________________

☐ Yes, please send my newsletter by email

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