



Turkey Vulture

Loop Trails on Mt. Tamalpais from East Peak

The following directions are minimal and should not be attempted without a map unless you are familiar with the trails. The time given for each hike is average. Strong hikers will complete the route in less time. Over-the-ankle hiking boots are advised. When on fire roads, walk on the right hand side of the road going uphill and the left hand side of the road going downhill and watch out for cyclists.



Raven

Distance: 2.2 miles
Elevation Change: 400'
Time: 1 hour and 30 minutes
Route: Middle Peak Fire Road, Lakeview, Miller, Old Railroad Grade, Tavern Pump, Fern Creek

Walk down through the parking area to the road and turn right at the gated **Middle Peak Fire Road** about 30 yards beyond the gated **Eldridge Grade**. Follow the grade uphill and at the second paved section, turn right at the signed **Lakeview Trail**. At **Ridgecrest Blvd.** go right about 30 yards and cross the paved road and take the signed **Miller Trail** to **Old Railroad Grade**. Turn left and follow the **Old Railroad Grade** uphill for about 1/4 mile and take the signed **Tavern Pump Trail** on the right. Follow the trail to the **Tavern Pump House** and turn left on the **Fern Creek Trail** for a steep rocky climb back to the parking area.

Distance: 4.2 miles
Elevation Change: 700'
Time: 2 hours and 30 minutes
Route: Old Railroad Grade, Miller, Lakeview, Middle Peak Fire Road

Walk down through the parking area to the road and turn left through the gate on the **Old Railroad Grade** about 50 yards beyond the gated **Eldridge Grade** on your right. Follow the **Old Railroad Grade** to **West Point Inn**. You might rest here to enjoy a refreshment. Continue on the **Old Railroad Grade** to the left. After 1 mile, you will see the signed **Miller Trail** which climbs steeply amongst old growth Redwoods and parallels the **West Fork of Fern Creek**. You will cross **Old Railroad Grade** and continue on the **Miller Trail** reaching **Ridgecrest Blvd.** Cross this paved road and turn right for 30 yards to the signed **Lakeview Trail**. Turn left at **Middle Peak Fire Road** and continue downhill to **Ridgecrest Blvd.** just short of the road to the parking area.



Prepared by the **Friends of Mt Tam**,
support organization for Mt. Tamalpais State Park
Check for weekly hikes on Friendsofmttam.org



Distance: 5.0 miles
Elevation Change: 500'
Time: 3 hours
Route: Eldridge Grade, Northside, International, Lakeview, Middle Peak Fire Road

Walk down the parking area road and turn right at the gated **Eldridge Grade**. Follow the **Grade** until it bends sharply right. You will see a narrower trail ahead of you with a sign to **Inspiration Point**. Take in the views there and then enter the signed **Northside Trail**. This trail is level and offers more views as you proceed through alternating open and woodland areas. The woodland areas include several stands of stately redwoods. You will arrive at the signed **Collier Springs** with several intersecting trails. Continue straight and slightly up hill and in 10 minutes or so watch for **International Trail** entering from your left. This trail climbs steeply to the paved **Ridgecrest Blvd.** Turn left on **Ridgecrest Blvd.**; walk 30 yards, then left on **Lakeview Trail**. Turn left again on **Middle Peak Fire Road** which then joins **Ridgecrest Blvd.** just below the **East Peak** parking area.

Distance: 7.0 miles
Elevation Change: 700'
Time: 4 hours
Route: Old Railroad Grade, Rock Spring, Cataract, Benstein, Laurel Dell Fire Road, Northside, International, Lakeview, Middle Peak Fire Road

Walk down the parking area to the road and turn left through the gated **Old Railroad Grade**. Continue down the **Grade** for nearly 1.5 miles to **West Point Inn**. You may wish to rest here to enjoy a refreshment. Then take **Rock Spring Trail** which begins to the west and slightly north of the **Inn**. This trail is level and offers excellent views to the south. After 1.7 miles, you will enter the **Mountain Theater**, a beautiful facility that has provided great entertainment since 1913. Water and restroom facilities are available on the lower level of the theater. Continue along the upper tier and down the paved road to **Ridgecrest Blvd.** Cross **Ridgecrest Blvd.** and follow the trail just north of the trees for a short distance and turn right on the **Cataract Trail**. Very shortly you will turn right again on the signed **Benstein Trail**. The **Benstein Trail** ends at the **Laurel Dell Fire Road**. Cross the **Fire Road** and follow the trail through a small grove of trees. You are at **Portrero Camp**. Follow the trail through the meadow being careful not to go down the **Kent Trail**. You will arrive at **Rifle Camp** where there are picnic tables on the edge of a fire road. Turn right at **Rifle Camp** to the signed **Northside Trail** and follow it for slightly more than 1/2 mile. You will pass several open areas with good views to the north. Watch for the signed **International Trail** on your right. It will be a steep climb and somewhat rocky at the beginning. Turn left on **Ridgecrest Blvd.** and left again after 30 yards up the **Lakeview Trail**. Turn left again at **Middle Peak Fire Road**. You will enter **Ridgecrest Blvd.** again just short of the road to the parking area.
